

# Study shows shoppers seeking products to lift mood and satisfy cravings

*InsightsNow research indicates changing consumer behavior, and predicts impact on consumer product companies during COVID-19*

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[InsightsNow](#), a behavioral research firm, has announced new research focusing on consumer motivations and shopping behavior during the current pandemic. This wave of the ongoing study, "COVID-19 Tracker on Clean Living Behavior," delves into insights regarding consumer lifestyle disruption and the impact on interaction with brands. Study participants are from their trend-identifying Clean Label Enthusiasts® (CLE) consumer research community, with research techniques using proprietary behavioral research frameworks.



[www.insightsnow.com](http://www.insightsnow.com)

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*InsightsNow Chief Research Officer, Greg Stucky*

"Just like the stages of grief, we are now finding consumer behavior to follow predictable stages in motivations," says InsightsNow Chief Research Officer, Greg Stucky. "Our COVID-19 tracker has discovered a range of new opportunities for CPG companies to launch line extensions and to reposition existing products to align with what consumers are seeking."

The current tracker data shows consumer purchase motivators are shifting to satisfy psychological mood lifters

and sensorial cravings as the [coronavirus](#) pandemic continues. While functional health and safety were found to be important during early stages of the pandemic, those motivators have decreased in importance as consumers report seeking out experiences to change their mood. Key findings from the study:

-At the end of June 2020, the study showed 61% of increased consumer product purchases were driven by a desire to lift mood or to satisfy craving for specific sensory experiences, up from 6% in March 2020.

-Functional health and safety motivators have dropped to 54% of increased purchases in late June, down from 84% in March 2020.

-Social motivators associated with providing healthy alternatives for family members or to respond to recommendations from friends also increased to 44% at the end of June from 24% in March 2020.

"This growing consumer desire for mood lifters and to satisfy cravings offers new opportunities for consumer product companies," says InsightsNow Chief Executive Officer and Founder, Dave Lundahl. "Now is the time for brands to differentiate through product positioning and launching of line extensions to meet the quickly changing consumer landscape."

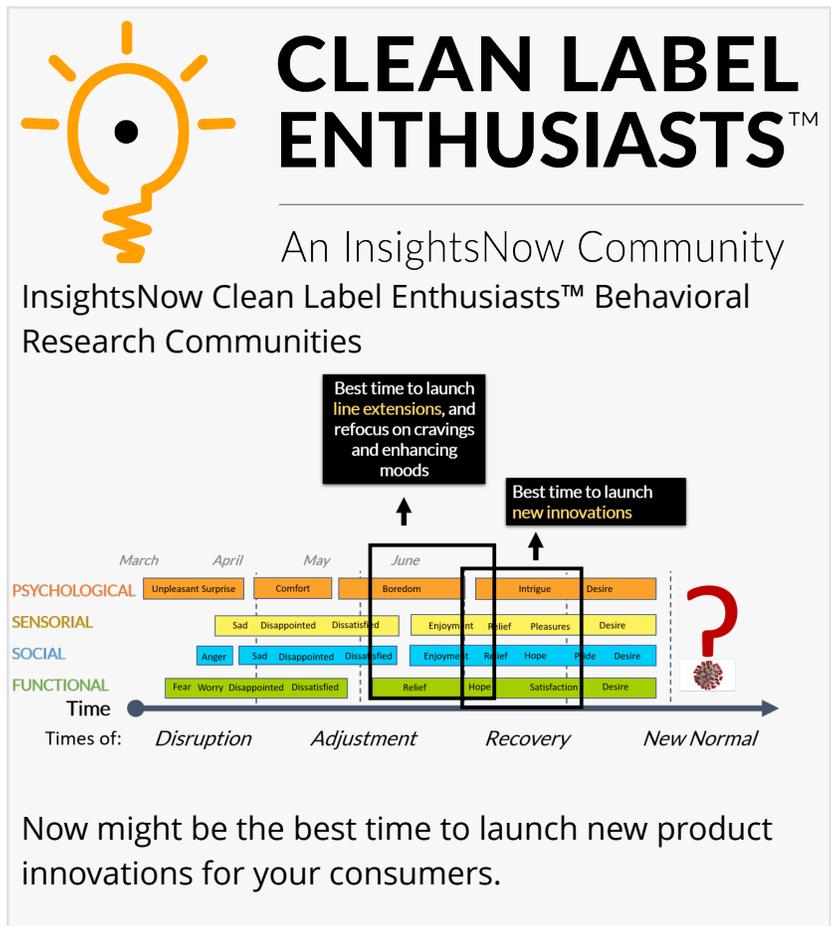
Each week InsightsNow's [Clean Label Enthusiast®](#) community of primary shoppers reveals motivations for purchasing behaviors, tracking behavior pre-pandemic, current short-term shifts, and potential permanent changes. You can see the ongoing study here:

<https://www.insightsnow.com/custom-communities/responses-to-covid-19/> To learn more about the COVID-19 tracker study and enquire about upcoming research topics, reach out to InsightsNow at [michelle.andre@insightsnow.com](mailto:michelle.andre@insightsnow.com).

### About InsightsNow

InsightsNow, an agile behavioral research firm, partners with clients across a wide array of industry verticals to grow marketing, branding and product development through custom, cutting-edge research technologies and innovative techniques. The company specializes in finding answers faster, improving speed-to and success-in market, and changing the way we all look at humans and human behavior. InsightsNow was named one of the most innovative market research firms in the world by Greenbook's 2018 Grit Report. [www.insightsnow.com](http://www.insightsnow.com)

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